

# 2-DAY PSYCHOSOCIAL RECOVERY COACHING LIVE ONLINE WORKSHOP

YOUR PATHWAY TO EMPLOYMENT

JOIN OUR COURSE TODAY AND  
BECOME A PSYCHOSOCIAL  
RECOVERY COACH TOMORROW

**OUR 2-DAY INTERACTIVE LIVE FACILITATED ONLINE COACHING COURSE WILL DEVELOP YOUR KNOWLEDGE AND SKILLS TO WORK EFFECTIVELY WITH PEOPLE WITH PSYCHOSOCIAL DISABILITY TO:**

- Navigate the NDIS systems
- Understand and develop your 'lived experience' storytelling
- Understand the recovery journey
- Understand how to work with a recovery care plan
- Build your client's capacity for independent living
- Develop skills to elicit decision-making strategies (NLP) to help your client with their goal setting
- Coordinate supports and services

*A Certificate of Participation is issued following the workshop.*

**COURSE FEE: \$525**

**DAYS: 2 days a month and 3-hour monthly coaching sessions**

**REGISTER NOW: [denise@relationshipsmatter.com.au](mailto:denise@relationshipsmatter.com.au)**

**NEW COURSES** are facilitated monthly live online.  
**LIMITED SPACES FOR QUALITY OF LEARNING**



We support the

**ndis**

# CERTIFICATE IN PSYCHOSOCIAL RECOVERY COACHING

Facilitated live in our online classroom

## YOUR TICKET TO EMPLOYMENT

There is a strong demand for people with lived experience or a mental health background to be qualified in the principles and practices of recovery-oriented counselling. This is to ensure that NDIS mental health services are delivered in a way that supports the recovery of mental health consumers.

*The principles of recovery-oriented mental health practices are to develop:*

- An understanding the uniqueness of individuals
- Real choices for consumers
- An understanding of attitudes and rights
- Partnership and communication in the recovery process
- Build support, evaluate and adjust the recovery of the consumer

Practitioners are expected to tailor care and support approaches to meet individual needs by providing increased options for consumers.

Our courses are underpinned by the Recovery-Orientated Practice model. This is a holistic, person-centred approach to mental health care.

The model has quickly gained momentum over the past decade and is becoming the standard model of mental health care. Recovery-orientated practice focuses on building trust and encouraging relationships based on hope all required for effective counselling practitioners.

*All students are well-supported by qualified Trainers, Assessors and Coaches.*

**ENROL NOW: [www.relationshipsmatter.com.au](http://www.relationshipsmatter.com.au)**



The course combines both theory and practical training, with the bulk of the learning and assessment in the workplace where learners will be practising newly acquired knowledge through delivery of skills in psychosocial recovery coaching, assisting people to provide welfare and support services to assist some of the most vulnerable people in the community.

Certificate in Psychosocial Recovery Coaching will provide the opportunity for intending and existing practitioners to build upon their 'lived experience' and their on-the-job experience to become proficient and accredited Psychosocial Recovery Coach practitioners.

### UNITS:

- APPLY SPECIFIC COMMUNICATION TECHNIQUES TO MAINTAIN RELATIONSHIPS WITH CLIENTS
- ASSESS, PROMOTE AND REVIEW WELLBEING
- ESTABLISH RELATIONSHIPS TO WORK EFFECTIVELY WITH PEOPLE WITH MENTAL HEALTH ISSUES
- CONTRIBUTE TO CONTINUOUS TO TRAUMA INFORMED CARE
- PROMOTE THE PRINCIPLES OF RECOVERY-ORIENTED PRACTICE
- USE DIFFERENT COUNSELLING THERAPIES
- USE SPECIALISED COMMUNICATION AND COUNSELLING SKILLS
- WORK WITHIN THE LEGAL AND ETHICAL FRAMEWORKS

### SPECIALISATION STREAM:

- WORK POSITIVELY WITH FAMILIES AND CARERS
- WORK WITH CLIENTS AFFECTED BY DRUG AND ALCOHOL
- ESTABLISH A BASIS FOR PARTICIPATION WITH PERSON, FAMILY AND CARERS FOR RECOVERY RELATIONSHIPS
- SUPPORT CLIENTS TO IDENTIFY AND PROCESS CONCERNS
- PROVIDE RECOVERY-ORIENTED APPROACH WITH HEALTH AND COMMUNITY PROFESSIONALS

